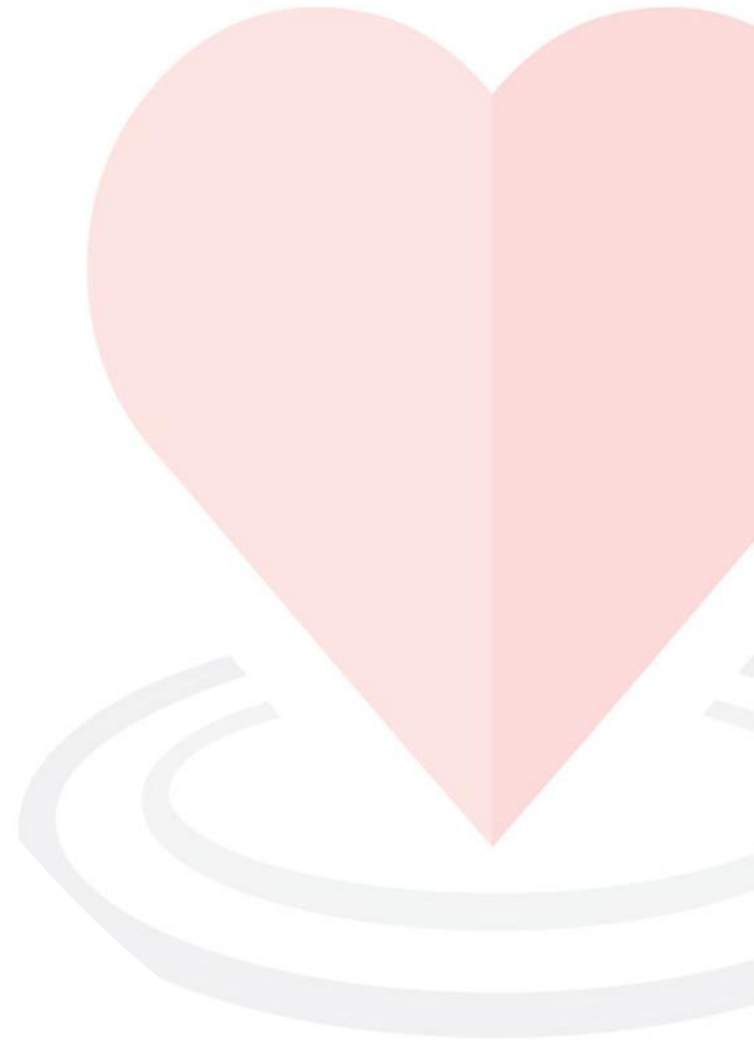




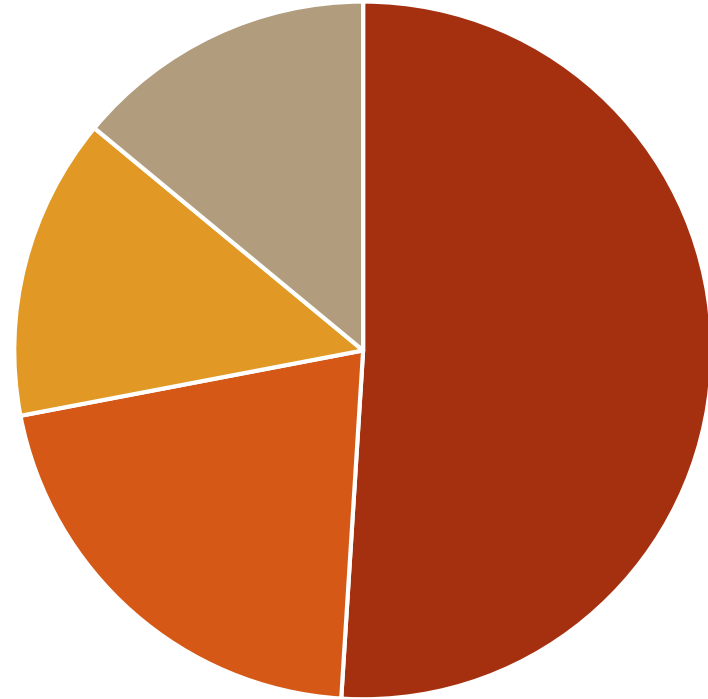
Navigating Conflicts

PEPpER Principle

- Is Jesus saying “Do not Judge?”
- What about these other passages that tell us to Judge?
- Notice he calls those judging “Hypocrites”
- Hypocrites literally translated is Stage Player




Attitudes and Actions



- Pharisee like
- Self Righteous Actions
- Self Righteous Attitudes
- Christ like

Plank Eye Principle in Every Relationship

Avoid	Avoid Self-righteous Attitude
Repent	Repent of sin
Deal	Deal with hypocrisy
Help	Then help others



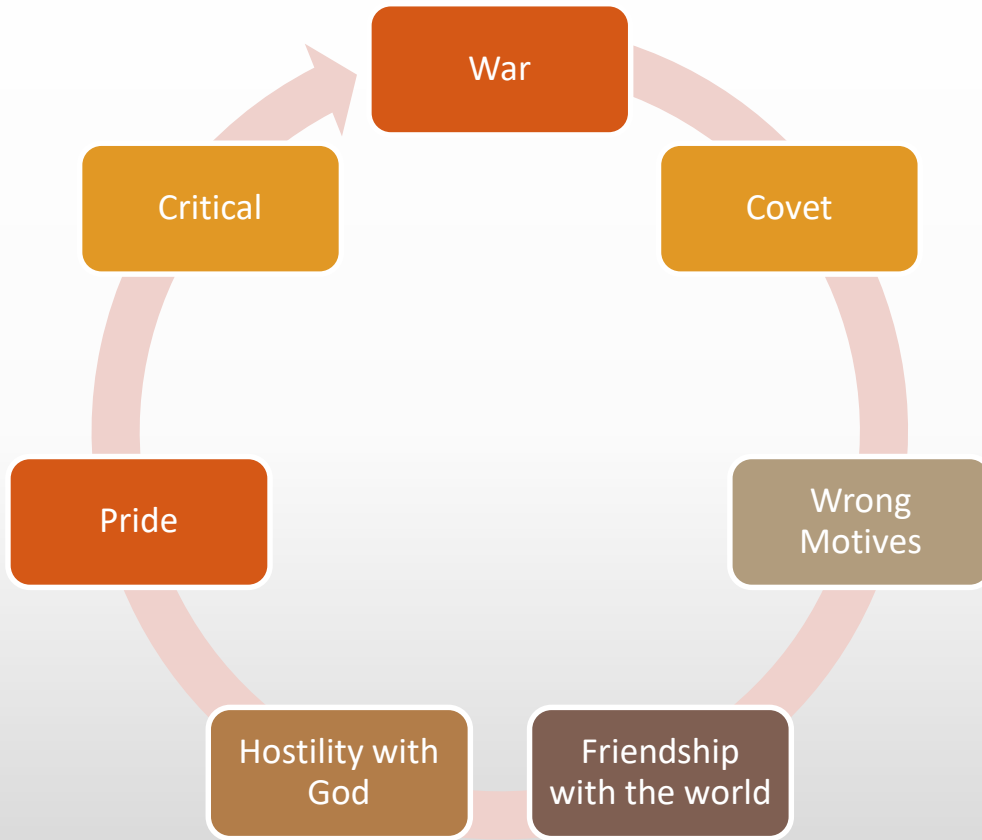
Self-Examination is a prerequisite
to effective loving relationships.

Stop Specktating!



WHERE DO CONFLICTS COME FROM?





Source of
Conflicts
(Our
Desire)

Other Sources of Conflict

- Satanic
- Sin
- Double mindedness

Marital Conflict





Criticism

- Attacking someone's personality or character
 - Rather than a specific behavior or concern
- Usually with blame
- Generalized judgments

- “You never take the garbage out.”



Defensiveness

- Statements that deflect blame
- Denying responsibility
- Making excuses
- Whining and cross-complaining

- “What do you mean, I always take out the garbage, maybe you should ask one of the kids.”



Defensiveness and Original Sin

- The woman YOU gave me...
- ...SHE gave me and I ate.
- It was the SERPENT. HE deceived me.

Contempt

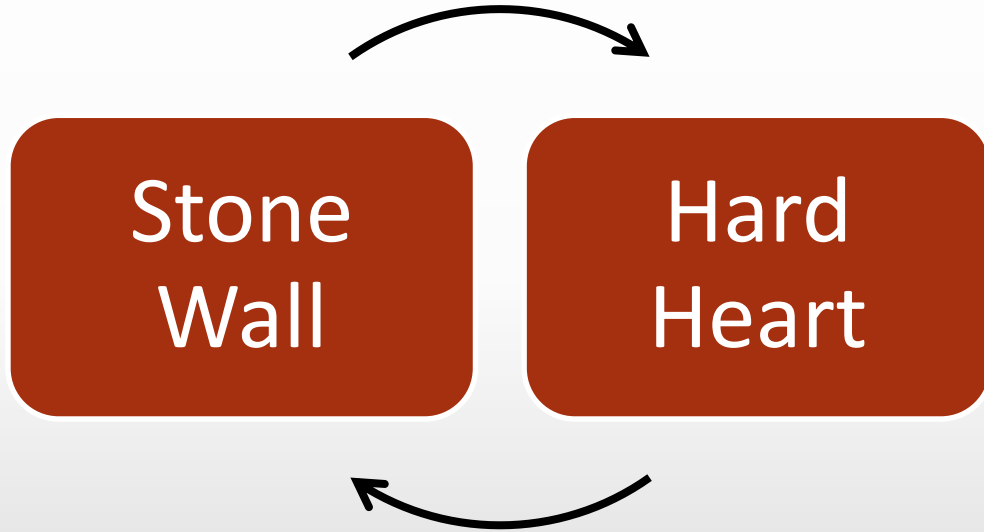
- The intention to insult and psychologically abuse [the other person]
- name calling
- hostile humor
- mockery
- contemptuous body language (for example, a sneer)
- Rooted in Pride

- “You’re a lazy bum, get up and take the garbage out”



Stonewalling

- Psychologically or physically checking out of the relationship
- Giving someone the “silent treatment”
- “cold shoulder”
- “What’s wrong?” “Oh nothing.”



Do you
Care?

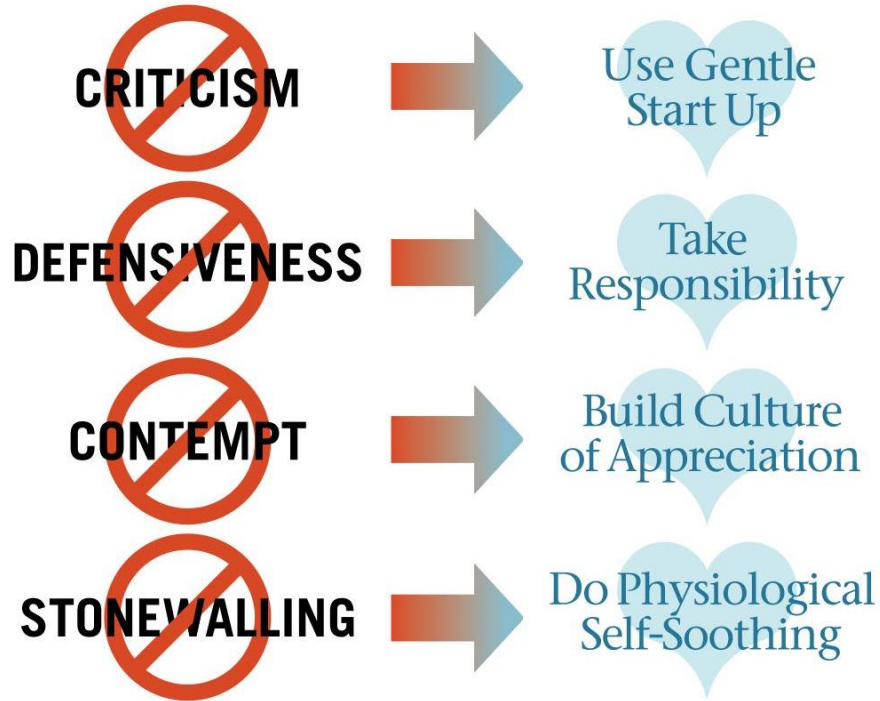


RECOVERY FROM WHAT HAS BEEN LOST

Resolution of Conflicts



Stop the Four Horsemen with their Antidotes



	Bad Fight	Good Fight
Goal	Winning the fight	Resolving the fight
Topic	Surface issues	Underlying issues
Emphasis	Personalities and power struggles	Ideas and issues
Attitude	Confrontational and defensive	Cooperative and receptive
Motivation	Shift blame	Take responsibility
Mode	Belittle	Respect
Manner	Egocentric	Empathic
Demeanor	Self-righteous	Understanding
Side effect	Escalation of tension	Easing of tension
Result	Discord	Harmony
Benefit	Stagnation and distance	Growth and intimacy